

Mastering Modern Sterile Techniques: A Deep Dive into the New AORN Guidelines

Hudson Garrett, PhD, MSN, MPH, MBA, FNP-BC, IP-BC, PLNC, CIC, LTC-CIP, AL-CIP, CPPS, CAIP, CPHQ, CPHRM, FACDONA, FAAPM, FAPIC, FNAP, FRSPH, FACHE, PSHEA, FRSM, FIDSA, FAHVAP
Adjunct Assistant Professor of Medicine
Division of Infectious Diseases
Department of Medicine
University of Louisville School of Medicine

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School of Medicine
Division of Infectious Diseases


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Speaker Financial Disclosures

- Relevant Financial Disclosures:
 - Consultant: Aerobiotix

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Learning Targets



- Describe the significant changes in the new AORN Guidelines for Sterile Technique and understand the rationale behind these updates.
- Apply the updated sterile technique guidelines effectively in various clinical scenarios.
- Review the core components of a comprehensive air quality management program.

Our Objectives

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Fundamental Belief
that Zero is
Achievable and
Must be Realized

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New AORN Guideline
Published

- Released on April 18, 2024
- Reviewed and Endorsed by American Association of Nurse Anesthesiology (AANA), American College of Surgeons (ACS), Association for Professionals in Infection Control and Epidemiology (APIC), American Society of Anesthesiologists (ASA), Healthcare Sterile Processing Association (HSPA), the Society for Healthcare Epidemiology of America (SHEA), and the Surgical Infection Society (SIS)
- Represents Interprofessional Collaboration to Advance Sterile Technique in the Perioperative Environment

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What is Out of Scope?

- surgical attire selection
- hand hygiene processes
- extended use and reuse of surgical masks
- selection of unidirectional airflow devices integrated into the design of the surgical suite
- the effects of forced-air warming equipment
- environmental contamination originating from the sterile field
- product evaluation



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Where do
Risks in
Healthcare
Primarily
Originate
From?

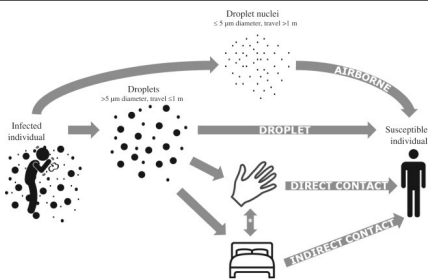
Contaminated Hands of the HCP
or Pt

Contaminated Clinical
Environment of Care

Contaminated Skin of the Patient
(Microbiome)

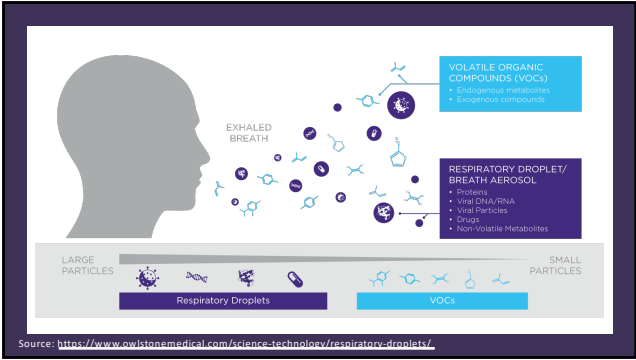
Contaminated Air

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Source: Centers for Disease Control & Prevention

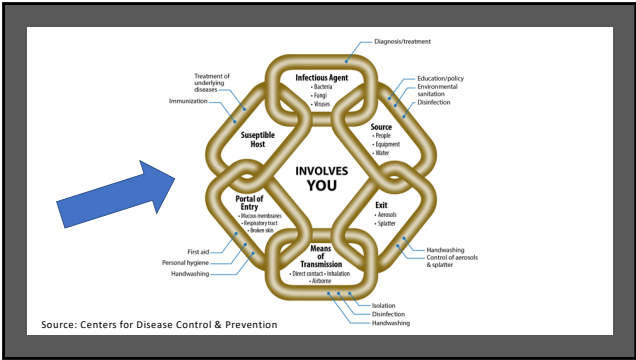
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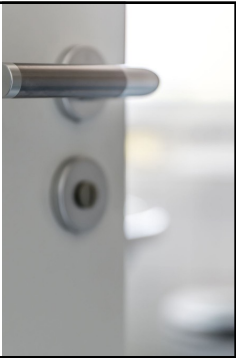
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Risk of Environmental Contamination Revealed

- OR door openings increase environmental contamination in the room by affecting the positive pressure of the OR and airflow in the room. When door opening is necessary, opening only one door can help maintain room pressurization and decrease the level of contaminants that can enter the room. 6.2, 6.2.1
- Movement around the sterile field can increase environmental contamination and contribute to disruptions in the airflow of the room that increase the risk of particle movement in unintended directions (eg, toward the sterile field). 6.3-6.5
- Conversations can increase the presence of microorganisms from respiratory droplets in the air above the sterile field. Limiting conversations that are irrelevant to the patient or surgical process may reduce the risk of airborne contamination of the surgical site. 6.6



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What are the Primary Airborne Risks?

- Infectious Particles
- VOCs
- Hydrogen Cyanide
- Inorganic Gases
- Nitriles
- Aromatic Hydrocarbons
- Polycyclic Aromatic Hydrocarbons



Source: AORN Guideline for Surgical Smoke Safety

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Evidence of Challenges Exists

Evidence for airborne transmission	Fungi	Bacteria	Viruses
Numerous reports in health-care facilities	<i>Aspergillus</i> spp. + Mucorales (<i>Rhizopus</i> spp.) ¹¹¹	<i>Mycobacterium tuberculosis</i> +	Measles (rubeola) virus ^{100, 112} Varicella-zoster virus ^{102, 104}
Occasional reports in health-care facilities (atypical)	<i>Acetabularia</i> spp. ^{111, 112} <i>Fusarium</i> spp. ¹⁰² <i>Pseudallescheria boydii</i> ¹¹¹ <i>Scedosporium</i> spp. ¹¹² <i>Sporothrix</i> spp. ^{111, 112} <i>Coccidioides immitis</i> ¹¹¹	<i>Acinetobacter</i> spp. ¹¹¹ <i>Bacillus</i> spp. ^{100, 101} <i>Brucella</i> spp. ^{111, 112} <i>Staphylococcus aureus</i> ^{100, 101} <i>Group A Streptococcus</i> ¹¹¹	Smallpox virus (variola) ^{100, 101} Influenza viruses ^{100, 101} Respiratory syncytial virus ¹⁰¹ Adenoviruses ¹⁰⁰ Norwalk-like virus ¹⁰¹
No reports in health-care facilities; known to be airborne outside.	<i>Coccidioides immitis</i> ¹¹¹ <i>Cryptococcus</i> spp. ¹¹¹ <i>Histoplasma capsulatum</i> ¹¹¹	<i>Coxiella burnetii</i> (Q fever) ¹¹¹	Hantaviruses ^{100, 101} Lassa virus ¹⁰⁰ Marburg virus ¹⁰⁰ Ebola virus ¹⁰⁰ Crimean-Congo virus ¹⁰⁰
Under investigation	<i>Pneumocystis carinii</i> ¹¹¹	n/a	n/a

Source: <https://www.cdc.gov/infectioncontrol/guidelines/environmental/background/air.html#4>

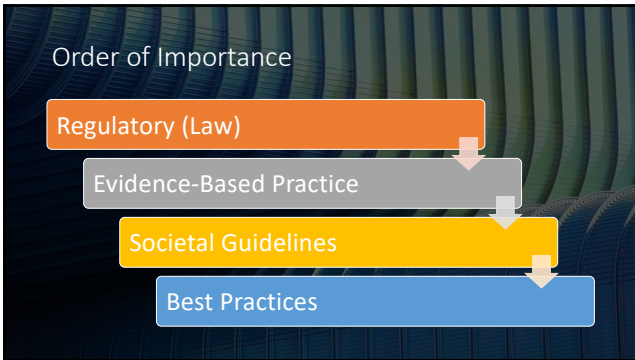
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What OSHA Regulations Apply?

- OSHA Personal Protective Equipment (29 CFR 1910.132)
- OSHA Respiratory Protection (29 CFR 1910.134)
- OSHA Air Contaminants (29 CFR 1910.1000)

Source: Occupational Safety and Health Administration



OSHA[®]
Occupational Safety and Health Administration

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Historical Approaches to “Clean” Air

 Properly Functioning HVAC System

 Surgical Face Masks

 Medical Respirators

 Central Laminar Flow in the Operating Room

 Anesthesia Gas Evacuation Systems (Wall-Mounted)

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What about PAPRs?

- Powered air-purifying respirators (PAPRs) **MAY** be used in the presence of a sterile field when indicated for respiratory protection. *[Conditional Recommendation]*



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Guidance on Surgical Gloves

Table 2. Evidence on Recommended Timing of Surgical Glove Changes by Surgical Specialty

Source	Surgical Specialty or procedure type	Recommended Timing of Glove Changes
Sayin et al, 2019 ⁴²	Open abdominal surgery	60 minutes
Partecke et al, 2009 ²²	General surgery	90 minutes
Harnoli et al, 2010 ⁴⁰	Gastroenterological surgery	90 minutes
Hübner et al, 2010 ⁴¹	Colorectal and other gastroenterological surgery	90 minutes
Kojima and Ohashi, 2005 ⁴³	Thoracic surgery	≥ 120 minutes
de Oliveira and Gama, 2014 ⁴⁴	Gastroenterological, cardiovascular, and pediatric surgery	≥ 150 minutes
Osodin et al, 2022 ⁴⁵	Oral and maxillofacial surgery	60 minutes
Kim et al, 2019 ²⁴	Arthroplasty procedures	60 minutes
American Academy of Orthopaedic Surgeons ⁴⁶	Orthopaedic surgery	120 minutes

Source: AORN Guideline for Sterile Technique, 2024.

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Case Example: Cath Lab

- Large Academic Medical Center routinely sets up surgical field the night before for “emergencies” and covers them with sterile towel.
- Facility has seen increase across the board in SSIs.
- AORN Recommendation: Prepare the sterile field as close as possible to the time of use. *[Recommendation]*

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Adhesive Drapes? Ya or Na?

No recommendation can be made regarding the use of adhesive incise drapes with or without antimicrobial properties for the prevention of SSIs or wound contamination. [No Recommendation]

Table 3. Organizational Recommendations on Use of Adhesive Incise Drapes

Centers for Disease Control and Prevention. Guideline for the Prevention of Surgical Site Infection, 2017 ^[14]	The use of plastic adhesive drapes with or without antimicrobial properties is not necessary for the prevention of surgical site infection (SSI). Weak recommendation High to moderate-quality evidence suggesting a trade-off between clinical benefits and harms.
Society for Healthcare Epidemiology of America (SHEA), Infectious Diseases Society of America (IDSA), Association of Professionals in Infection Control and Epidemiology (APIC). Strategies to Prevent Surgical Site Infection in Acute Care Hospitals, 2022 Update ^[23]	Do not routinely use antibiotic drapes as a strategy to prevent SSI. High-quality evidence.
World Health Organization. Global Guidelines for the Prevention of Surgical Site Infection, 2016 ^[6]	The panel suggests not using plastic adhesive incise drapes with or without antimicrobial properties for the purpose of preventing SSIs. Conditional recommendation Low to very low-quality evidence.
National Institute for Health and Care Excellence. Surgical Site Infections: Prevention and Treatment, 2020 ^[24]	Do not use non-iodophor impregnated incise drapes routinely for surgery as they may increase the risk of SSI. If an incise drape is required, use an iodophor impregnated drape unless the patient has an iodine allergy.

Source: AORN Guideline for Sterile Technique, 2024.

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Too Many People? NEVER!

- Keep the number of individuals in an operative or invasive procedure room to a minimum. [Recommendation]
- Limit nonessential movement around and within the sterile field. [Recommendation]

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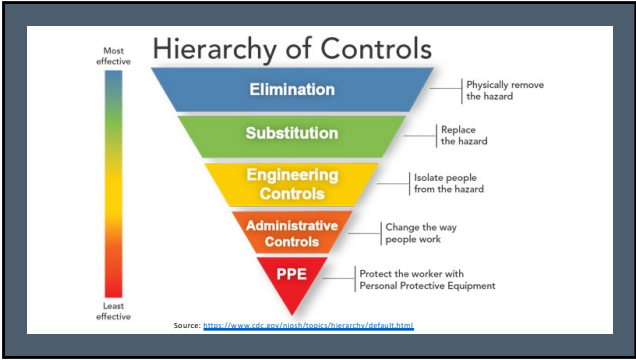
Current Guidance for Air Disinfection

ASHRAE

AORN

CDC

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New Recommendation #1

The health care organization should implement strategies to reduce the risk of airborne environmental contamination in rooms where surgical or other invasive procedures are performed.
[Recommendation]

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Build an Air Quality Management Program

A perioperative air quality management program may be used as a strategy to reduce the risk of airborne environmental contamination in rooms where operative and other invasive procedures are performed. [Conditional Recommendation]

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Who to Invite to the Party?

- an industrial hygienist
- facilities maintenance personnel
- an HVAC engineer
- infectious disease specialists
- surgeons
- perioperative RNs
- infection preventionists
- anesthesia professionals
- surgical technologists
- environmental services leaders
- risk management professionals
- quality improvement professionals
- laboratory services professionals (when the laboratory will be conducting analysis of air samples collected)
- others with needed expertise (eg, HVAC manufacturer representatives, air quality testing specialists)

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Air Quality Correlations to SSIs

- When an SSI is identified, SSI surveillance may include a review of the air quality sampling data from the OR where the procedure was performed and the recorded or observed equipment, environment, and personnel factors. [Conditional Recommendation]
- Reviewing the equipment, environment, and personnel factors when there is an SSI can help identify areas for improvement.



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Need for Interprofessional Collaboration

- Quality assurance and performance improvement programs conducted by an interdisciplinary team that includes an infection preventionist assist in evaluating and improving sterile technique practices. **9.1, 9.2.1**



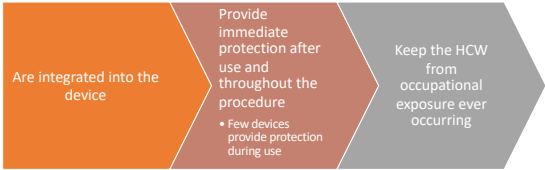
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Reduce Airborne Contamination

- Reducing the level of airborne contamination is one strategy to reduce the risk of SSIs; this may include establishing an interdisciplinary air quality management program. **9.4-9.5.6**


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Better Designs Mitigate Risks



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Claims Evaluation


 Benchtop/Simulation Efficacy & Performance Data


 Clinical Setting Efficacy & Performance Data


 Outcome Studies (Independent and Peer-Reviewed)

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Approach to Evaluating New Technologies

 Efficacy

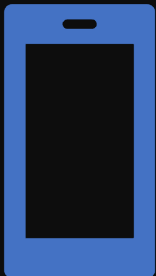
 Safety

 Compatibility/Reliability

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Checklist for Air Disinfection Devices:
Strategies for Successful
Implementation

- **Who:** Who will operate the device, and how will they be deemed competent to utilize the device?
- **What:** What type of device will be used, and what are its IFUs to ensure Efficacy?
- **When:** When will the device be used?
- **Where:** Where will the device be deployed?
- **How:** How should the device be used to maximize efficacy?



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CDC HICPAC Technology Evaluation Checklist

HICPAC Infection Prevention Product Review Worksheet

A Is the product or service the subject of this report based on the following criteria?

B Is the product or service a new or improved technology or service that is not currently in use in the United States?

C Is the product or service a new or improved technology or service that is not currently in use in the United States?

D Is the product or service a new or improved technology or service that is not currently in use in the United States?

E Is the product or service a new or improved technology or service that is not currently in use in the United States?

F Is the product or service a new or improved technology or service that is not currently in use in the United States?

G Is the product or service a new or improved technology or service that is not currently in use in the United States?

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W Is the product or service a new or improved technology or service that is not currently in use in the United States?

X Is the product or service a new or improved technology or service that is not currently in use in the United States?

Y Is the product or service a new or improved technology or service that is not currently in use in the United States?

Z Is the product or service a new or improved technology or service that is not currently in use in the United States?

Source: Centers for Disease Control and Prevention Healthcare Infection Control Practices Advisory Committee

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So Now We Have a Choice

Which Option is Best for Our Team's Safety?

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Stay Connected

Contact Information: Dr. Garrett

- Email: Hudson.garrett@Louisville.edu
- Twitter: @DrHudsonGarrett
- Facebook: @DrHudsonGarrett
- LinkedIn: @DrHudsonGarrett

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